



The
BEST WAY
to feel
HIGH

The Best Way to Feel High

In the quest for happiness and fulfillment, people often turn to various means to feel high or excited. They seek momentary pleasures in alcohol, smoking, drugs, and other indulgences, hoping to escape the burdens of life. However, these pursuits only lead them deeper into a cycle of depression and despair. Drinking may momentarily lift their spirits, but the aftermath often leaves them feeling even more desolate than before.

Life can be challenging, and everyone faces setbacks like divorce, failure, bad news, or disappointment. When confronted with such experiences, people try various strategies to regain their excitement and find solid ground again. But how effective are these coping mechanisms, and what are the consequences that follow?

However, it is crucial to acknowledge that nothing in this world can genuinely give us lasting joy or bring complete and positive excitement into our lives. The pursuit of temporary highs leaves us

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unfulfilled, searching for more and caught in a vicious cycle of dissatisfaction.

Let's take a closer look at some common pursuits that many mistakenly believe will bring happiness:

- **Illicit sex and related habits:** Engaging in such behavior often leads to heartbreak, emotional turmoil, and even sexually transmitted infections. It leaves a void that can never be filled by momentary pleasure.

- **Drunkenness, smoking, drugs, etc.:** These activities may offer temporary relief, but they eventually take a toll on mental health, leading to anxiety, depression, and physical health problems.

- **Lying, hooliganism, clubbing, etc.:** Such actions can turn a person into an outcast and lead to isolation and alienation from society.

Ultimately, these pursuits fail to make anyone a better person; instead, they wreak havoc on our lives until we can no longer bear the burden. It

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becomes a downward spiral where some may even consider suicide as a way out.

Amidst this bleak scenario, there is a glimmer of hope - JESUS! He is the ultimate source of lasting joy and the key to eternal highs. When we invite Jesus into our lives as our personal Lord and Savior, the joy of the Lord becomes our strength. Unlike the fleeting pleasures of the world, the joy found in Jesus is deep and unwavering.

Introducing Jesus: He is the one who selflessly died for our sins, offering us the promise of a fulfilling life on earth and eternity to come (John 3:16). Jesus loves us unconditionally (Romans 5:8) and doesn't want to see us suffer in our sins.

To experience this incredible joy, all we need to do is take these steps:

1. Acknowledge Jesus as your personal Lord and Savior.
2. Repent of your sins and forsake them.
3. Confess Jesus as your Lord and Savior.

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4. Ask Him to come and reside in your heart.

I assure you, nothing else will ever bring you more excitement or fulfillment than embracing Jesus in your life. This is a life-changing opportunity to be saved and lifted to new heights.

If you find it difficult to pray on your own, you can say this prayer with me:

"Lord Jesus, I come to you today as a sinner,

Forgive me for all my wrongdoings, and wash me clean with your precious blood.

Write my name in the book of life and fill me with joy and peace,

that I may have everlasting life.

Thank you for making me born again and welcoming me into the family of God."

Now that you are born again, you no longer have to fear spending eternity in hell. Your future lies in the promise of heaven. To solidify your new life, get a copy of the Bible and find a church that truly

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believes in God's Word. There, you will grow in faith and discover the wonders of your relationship with Jesus.

For further counseling and prayer, do not hesitate to reach out. Your journey towards true joy and an eternal high start now! Embrace Jesus, the only path to lasting fulfillment and genuine excitement.

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